January 2011
PSYCHIATRY GRAND ROUNDS
The University of Texas Health
Science Center at San Antonio
7703 Floyd Curl Drive
1:15 - 2:30 pm
Room 409-410L
210-567-5492

Tuesday, January 4, 2011 will be held in **409-410L**

**Clinical Implications of Recent Findings in Bipolar Depression**

Learning Objectives: 1) Discuss clinical relevance of recent findings in bipolar depression, 2) Discuss diagnostic implications of the presence of certain symptoms/features in depressive episodes, 3) Discuss findings of a recent long term study in bipolar depression

Vivek Singh, MD, Assistant Professor, Department of Psychiatry, UTHSCSA, San Antonio, TX

Tuesday, January 11, 2011 will be held in **409-410L**

**“Interaction between neurotransmitters – the key to remission in major depression”**

Learning Objectives: 1) Understand the reciprocal interactions between monoaminergic systems 2) Become familiar with the effects of SSRIs on monoaminergic systems, 3) Comprehend the bases for augmentation strategies in resistant depression.

Pierre Blier, MD, PhD, is a full professor at the University of Ottawa, Department of Psychiatry and Cellular/Molecular Medicines and the recipient of the Endowed Chair in Mood Disorders Research at the University of Ottawa Institute of Mental Health Research (IMHR). He has also been awarded the prestigious Canada Research Chair in Psychopharmacology by the Canadian Federal Government.

Tuesday, January 18, 2011 will be held in **409-410L**

**Prevention of Dementia and Cognitive Decline: Fantasy or Fact?**

Learning Objectives: 1) Attendees will gain an appreciation for age related changes in neuronal circuitry and compensatory mechanisms that preserve cognition into old age. 2) Attendees will be engaged in a discussion of behaviors that preserve health and independence and how they might delay the disability of dementia. 3) Attendees will review the precautions stated in the NIA consensus conference regarding the prevention of dementia.

Gary J. Kennedy, MD, Professor of Psychiatry and Behavioral Sciences, Albert Einstein College of Medicine; Director, Division of Geriatric Psychiatry, Montefiore Medical Center, Bronx, NY

Tuesday, January 25, 2011 will be held in **409-410L**

**Running the Race—Surviving the Pace (Thoughts on Physician Burnout)**

Learning Objectives: 1) Recognize signs and symptoms of burnout in ourselves and others, 2) Identify common sources of burnout, 3) Learn different avenues of self-care to avoid and relieve signs and symptoms of burnout, 4) Utilize these tools to appropriately assist ourselves and others to apply the principles learned.

Roberta Jones, MD, Private Practice and Physicians Advisory Board, The Doctors Company, San Antonio, TX

This presentation meets the Texas Medical Board criteria for formal continuing medical education involving the study of medical ethics and/or professional responsibility.